

Pig – the ideal biomedical model of obesity related traits?

INVITED SPEAKERS

Staffan Lindeberg

Staffan Lindeberg, MD PhD, Ass prof, Dept of Internal Medicine, Lund University Hospital, Lund, Sweden. He obtained his PhD in 1994 and the position Associated Professor (docent) In 2003.

Staffan Lindeberg's main research activity is focused on studying paleolithic diets (the Paleolithic is the time period 2,000,000-10,000 years BP), basically meat, fish, vegetables, fruit and nuts, and their effects on insulin resistance and related human disorders. The working hypothesis is that a paleolithic diet may have benefits even compared with whole-grain cereals and low-fat milk. Methods include epidemiologic surveys in Melanesia, literature compilations and dietary interventions in humans and pigs.

Other main research activity has focused on diet, evolution and leptin.

Lindeberg has published several original papers and written student literature. Staffan Lindeberg was in charge of organising the Kitava study 1989-94.